

Event	Primary Girls	Primary Boys	Bantam Girls	Bantam Boys	Midget Girls	Midget Boys	Youth Girls	Youth Boys	Intermediate Girls	Intermediate Boys	Young Women	Young Men
50 Meters	Sidney Webb, 9.12, Chantilly VA 04/23/06	Marquise Wilson, 7.48, Leesburg VA 04/06/03	Lenah Taylor, 8.56, Chantilly VA, 04/23/06	Mark Melbourne, 7.66, Heritage VA, 05/18/09								
55 Meters	Katelyn Jensen, 9.5, Hagerstown MD, 12/30/05	Jesse Gallo, 9.7, Landover MD, 1/18/10	Katelyn Jensen, 9.5, Landover MD, 02/26/06	Mark Melbourne, 8.1, Hagerstown MD, 1/4/2010	Cat Wyatt 7.8 PG Sports Complex 1/04/09	Mark Melbourne, 7.8, PG Sports Complex, 1/18/10	Cat Wyatt, 7.4, PG Sports Complex, Md. , 01/18/10		Jazlyn Finney, 7.3, Landover MD, 02/26/06	Shane Savage, 7.3, Hagerstown MD, 12/30/05		Brian Dove, 6.38, Landover MD, 01/18/10
100 Meters	Sidney Webb, 18.32, Chantilly VA 04/23/06	Marquise Wilson, 14.06, Detroit MI, 07/30/03	Karissa Love, 15.88, Hampton VA, 06/19/04	Marquise Wilson, 14.03, Leesburg VA, 06/01/04	Kiara Pope, 13.4, Leesburg VA, 04/28/10	Nick Smith, 13.1, Landover, Md 06/05/09	Meghan Sullivan, 12.30, Langley VA 06/05/05	Will Bray, 12.0, Leesburg VA, 04/28/02	Jessica Rolle, 12.4, Gaithersburg, Md 5/14/2009	Edwin Mends, 11.70, PG Landover, Md, 07/18/09	Shaquera Leach Hampton VA, 06/24/10	Vincent Brown, 10.6, Langley VA, 07/13/09
200 Meters	Shalaya Fields, 35.8, Landover MD, 12/11/05	Marquise Wilson, 29.36, Detroit MI, 07/29/03	Karissa Love, 33.32, Hampton VA, 06/19/04	Mark Melbourne, 29.2, Arlington VA, 05/18/09	Britt Savage, 28.2, Charlottesville VA, 06/21/06	Darron Coley, 27.28, Charlottesville VA, 06/19/09	Jessica Rolle, 25.80, Hampton VA 06/08/08	Andre Best, 24.73, Hampton VA, 06/11/06	Jessica Rolle, 25.2, Hampton VA, 6/26/2010	Emani Fenton, 24.54, Leesburg VA, 04/03/05	Shaquera Leach, 25.4, Hampton Va, 06/26/10	Adrian Vaughn, 21.84, Hampton VA, 06/26/10
400 Meters	Shalaya Fields, 1:18.6, Ft. Belvoir, 4/07	Mark Melbourne, 1:14.8, Hampton VA, 06/08/08	Shalaya Fields, 1:14.27, Gaithersburg, Md., 05/17/08	Mark Melbourne, 1:08.13, Landover, Md 07/13/09	Shalaya Fields, 1:11, Landover MD, 06/13/09	William Bray, 1:00.68, Hershey PA, 08/2000	Britt Savage, 59.1, Randallstown, Md. , 04/29/08	Rassaun Goldring, 56.1, Upper Marlboro VA, 07/13/09	Kyannah Calhoun, 1:01.3, Hampton VA 06/26/10	Adrian Thomas, 49.8, Upper Marlboro, Md 6/13/09	Shaquera Leach, Norfolk, Va 58.1 08/06/10	Adrain Vaughn, 49.1, Hampton, Va. 06/27/10
800 Meters	Alexandra Schoonmaker, 4:29.2, Leesburg VA, 04/18/04	Will Smagh, 2:54.64, Norfolk VA, 08/02/06	Lindsay Smith 2.58, Landover, Maryland 7/13/09	Andrew Hayden, 2:40.81, Hampton VA 6/19/04	Samantha Schoonmaker, 2:48.59, Hampton VA 06/19/04	Darron Coley, 2:27, Hampton, VA, 6/27/10	Rhonda Runion, 2:27.13, Hershey PA, 08/09/04	Emani Fenton 2:11.5, Ypsilanti MI, 07/29/2003	Rhonda Runion, 2:26.03, Hampton VA, 06/19/04	Abdisamad Hassan, 2:11.9, Landover MD, 01/29/06	Katie Moreno, 2:25.97, Sterling VA, 5/25/05	Nick McLaughlin, 1:58.83 Hoschton GA, 07/07/06
1500 Meters	Lindsay Smith 6:08 Hampton, Va. 6/13/2009	Alex Smith, 5:50, Upper Marlboro, Mid 07/13/08	Lenah Taylor, 6:16.41, Hampton VA, 06/11/06	Andrew Hayden, 5:27.84, Hampton VA 06/20/04	Charley Ann Krebs, 5:42.3, Langley VA, 07/08/06	Andrew Hayden, 5:02.91, Hampton VA, 06/11/06	Jackie Deffer, 5:18.00, Upper Marlboro Md, 07/13/09	Abdisamad Hassan, 4:16.61, Indianapolis IN, 07/31/05	Hannah Scheren, 5:20.63, Hampton VA, 06/11/06	Nick McLaughlin, 4:15.95, Greensboro NC, 07/10/05		Nick McLaughlin, 4:12.60 Hoschton GA, 07/08/06
Mile * = 1600m		Jahil Northover, 6:23 *, Hagerstown MD, 12/30/05,	Janay Jackson, 6:23, Reston VA, 06/08/08	Andrew Hayden, 5:49.4 *, Hagerstown MD 12/30/04	Tori Panzica, 6:24.0, Reston VA 11/25/05	Andrew Hayden, 5:19, Ashburn VA, 06/02/06	Jackie Deffer, 5:46.0, Hampton VA, 06/07/08	Abdisamad Hassan 4:46.50 *, Hershey PA, 08/06/05	Hannah Scheren, 5:50.7, Langley, VA 5/29/05	Bobby Vance, 4:48.5, Winchester, VA 05/04	Katie Moreno, 6:08.0 *, Leesburg VA, 4/10/05	

3000 Meters	Lindsay Smith	Alex Smith,	Lindsay Smith	Andrew Hayden, 12:27.02, Greenbelt MD, 11/07/04 (Cross-county)	Mansi Mehta	Andrew Hayden, 11:46.1, Langley VA, 07/09/05				Stephen Lassiter 10:40.0, Langley VA 06/05/05		
4x100			Karen Cassine, Shalaya Fields, Tatiyana Jackson, Ketelyn Jenses, 1:08.41, Norfolk VA 08/04/06	Kally Crocker, Eric Zuehsow, Shane Savage, Jonathan Morosini, 59.5 Charlottesville, VA 06/98	Dana McCann, Britt Savage, Karissa Love, Nia Hill, 59.40 Langley VA 06/05/05	Nana Darko, Ben Wacker, David McCarthy, Bryan McCarthy 54 secs, Charlottesville, VA, 06/03	Mikayla Johnson, Imani Tomlinson, Britt Savage, Jessica Rolle, 52.02, Hampton, 06/08/08	Antonio Cross, Mshon Pulliam, Shane Savage, Emani Fenton 50.0, 06/03	Kyannah Calhoun, Britt Savage, Lyntaria Richardson, Jessica Rolle 53.5	Karl Silverlock, Antonio Cross, Emani Fenton, Devon Brown, 46 secs, Landover MD. 06/04		Vincent Brown, Nick Vaughn, Adrian Vaughn, Aj Price 42.1 Greensboro, NC 6/5/08
4x400			Shalaya Fields, Tatiyana Jacson, Lenah Taylor, Karen Cassine, 6:30.52, Hampton VA, 06/11/06	Logan Smith, Christian Tolbert, Zach Kerns, James McCray, 5:28.70 Langley VA 06/05/05	Karissa Love, Britt Savage, Nia Hill, Tori Panzica 5:38.65, Randalstown MD, 05/07/05	Jamon Cofield, Anthony Jackson, Logan Smith, Anthony Cassine, 4:45.49, Norfolk VA, 08/04/06	Kiara Walker-Pope, Alexis Cherry, Adeja White, Blair Nagell 4.28 Gaithersburg, Va. 5/13/2010	Rassuan Goldring, Anthony Jackson, Luke Cowne, Anthony Cassine, 4:01 Hampton VA, 07/13/08		Paris Savage, Deion Merrit, Alex Merrit, Deante Yarborough Hampton, Va. 3:57.30		Adrian Vaughn, Mason Smith, Brendan Evans, Corey McFadden, 3:29.99
4x800						Andrew Hayden, Matt Panzica, Logan Smith, Mark Newberry, 11:08.37, Hampton VA, 06/11/06			Hannah McLaughlin, Carolyn Smith, Rhonda Runion, Connor Fleming, 10:32.28, Hampton VA, 06/20/04	Abdiwahab Hassan, Stephen Lassiter, Jake Leahy, Nick McLaughlin, 8:49.0, Greensboro NC, 07/10/05		
High Jump			Katelyn Jensen, 3' 04", Landover MD, 02/26/06	Andrew Hayden, 3' 02", Langley VA 07/24/04	Alyssa Johnson, 3' 0", Chantilly VA, 04/23/06	Alexander Callahan, 4' 08", Roanoke VA, 07/17/04	Nia Hill, 4' 0", Chantilly VA, 04/23/06	Alexander Callahan, 5' 0.25", Langley VA 06/05/05		David McCarthy, 5' 0", Chantilly VA, 04/23/06		Bobby Stanley, 6'2", Hagerstown, Md., 2/08 & Mason Smith Norfolk 6'2 July 2010

Triple Jump										Sean Price, 42'8", Hampton, Va. 07/13/09		Sean Price, 44'8", Norfolk, Va. 08/05/10
Long Jump	Savannah Gaillard, 4' 7", Chantilly VA, 04/23/06	Jamir DeGree, 5' 0", Chantilly VA, 04/23/06	Lenah Taylor, 8' 6", Chantilly VA, 04/23/06	James McCray, 12' 3.25", Newport News VA, 06/17/06	Karissa Love, 8' 11", Landover MD, 01/15/06	Anthony Cassine, 10' 00.0", Chantilly VA, 05/01/05	Nia Hill, 14' 9.75", Norfolk VA, 08/03/06	Emani Fenton, 19' 11", 06/03	Jazlynn Finney, 14' 0", Landover MD, 01/15/06		Jazlynn Finney 16'8" PG Sportsplex, Landover ,Md 02/23/07	Vincent Brown, 23'11", Landover,Md, 07/13/09
Shot Put	Sidney Webb, 98' 6", Chantilly VA, 04/23/06	Jamir DeGree, 13' 9", Chantilly VA, 04/23/06	Katelyn Jensen, 15' 5", Landover MD, 02/26/06	Jared Vaughn, 22' 11", Hampton, Va. 06/25/10	Victoria Kasonde, 18' 3", Chantilly VA, 04/23/06	Gavin Sullivan, 23' 02.0", Chantilly VA, 05/01/05	Nia Hill, 23' 4.5", Norfolk VA, 08/02/06	Andre Best, 29' 10", Chantilly VA, 04/23/06	Yohanna Gonzalez, 24' 10", Randalstown MD, 05/07/05	Sean Kelley, 22" 09.0", Chantilly VA, 05/01/05		Antonio Cross, 34' 8.5", Landover MD, 01/15/06
Javelin				Andrew Hayden, 42' 03" , Langley VA 07/24/04	Charley Ann Krebs, 38' 0", Langley VA, 05/28/06							
110M Hurdles & 100G									Britt Savage 16.83 Hampton, Va. 6/27/10	Steven Fields, 16.69, Hampton VA, 06/08/08	Brittany Schank 16.1 Hampton, Va. 06/08/08	Vincent Brown 13.89 Greensboro, NC 08/06/09
400 IHurdles									Britt Savage 108.2 Hampton, Va. 6/27/10	Deante Yarborough Hampton, Va. 103.5 6/27/10	Brittany Schank 16.1 Hampton, Va. 06/08/08	Vincent Brown 13.89 Greensboro, NC 08/06/09
Hershey Broad Jump			Shalaya Fields, 5' 0.5", Leesburg VA, 05/07/06	James McCray, 6' 10", Falls Church VA, 06/10/06	Alexis Vaughn, 7' 8", Arlington VA, 6/05/09	John McCray, 7' 5", Leesburg VA, 05/22/05	Jessica Rolle, 7'11, Leesburg VA, 06/14/08	Deante Yarborough, 8'10", Arlington, VA. 06/05/09				
Hershey Softball Throw			Lenah Taylor, 55' 0", Leesburg VA, 05/07/06	Andrew Hayden, 104' 1", Sterling VA, 06/12/04	Hailey Smith,145' 08", Hershey PA 08/07/04	Andrew Hayden 136' 10.75", Leesburg VA, 05/07/06	Hannah Sinclair, 75' 0", Leesburg VA, 05/07/06	Luke Cowne, 172' , Arlington VA, 06/14/08				