

Attention Coaches/Runners: Abdi Bile Clinic

Join a King on President's Day Weekend!

Hosted by the Purcellville Sports Pavilion

National Hero and World-Renowned National Coach

He shocked the world and redefined the 1500m

Former World Champ & Olympian, GMU Legend, Olympic Coach



- 800 meters - 1:43.60
- 1000 meters - 2:14.50
- 1500 meters - 3:30.55
- One mile - 3:49.40

ABDI BILE

Get last tips before the Outdoor Season begins

Train with the Best

When: President's Day Weekend – TWO SESSIONS

Feb. 15th

Session # 3 – Sat. 11am –2pm

Where: The Purcellville Sports Pavilion

301 N. 21st

Purcellville, Va. 22124

Who: Middle school and UP - **Space will be limited!**

\$25 for Coaches \$75 for Runners per session

The WO&D Trail and track may be used. For more information visit www.sftrack.org or call 703-303-4457. Dress for success warm layers for the outdoors. Bring water bottles & a light lunch. Backup weather date TBD